

ASHISH TRIVEDI, MD

NORTHWEST NEUROLOGY & ELECTRODIAGNOSTIC CENTER

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ELECTROENCEPHALOGRAM (EEG)

Our goal is to get patients scheduled as soon as possible. Please let us know at least 48 hours in advance if you have to cancel or reschedule your procedure. This allows us to get patients scheduled in a timely manner. Thank you for your cooperation.

Please remember there is a \$150.00 charge for missed procedure appointments or appointments cancelled with less than 48 hours notice.

INFORMATION:

An electroencephalogram (EEG) is a test that detects electrical activity in your brain using small, flat metal discs (electrodes) attached to your scalp. Your brain cells communicate via electrical impulses and are active all the time, even when you're asleep. This activity shows up as wavy lines on an EEG recording.

A standard EEG takes about an hour and half. Please get no more than six hours of sleep the night before.

A prolonged EEG takes about two hours. Please get no more than six hours of sleep the night before.

A sleep-deprived EEG takes about an hour and a half. Please be awake for 12 hours before the test. You will need someone to drive you to, and pick you up from your appointment.

GENERAL INSTRUCTIONS FOR ALL EEG's:

1. Eat your normal meals.
2. Continue any medications you are taking unless otherwise instructed by your physician.
3. Bathe or shower the morning of the test but **do not use gel or hairspray, or wear makeup.**
4. For part of the test, you will be asked to relax and sleep. Please wear comfortable clothes. You may want to bring a hat or scarf, as the test tends to make hair messy.

* This is a diagnostic procedure. Your insurance benefits may be different than a usual doctor's office visit. You may have a deductible or co-insurance responsibility. Please check with your insurance if you are unsure of your plan's benefits.